



# Boone County Alliance Coalition News

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## The Teen Vaping Trend-What Parents Need to Know

Almost two-thirds of teens and young adults who use Juul e-cigarettes don't know they contain nicotine, according to a new study.

Juul cartridges, which look like a USB flash-drive, have nicotine levels equal to a pack of cigarettes, researchers from

the non-profit health organization Truth Initiative report in the journal Tobacco Control.

Juul now commands more than half of the e-cigarette market, [HealthDay](#) reports.



### Contact Information

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### Upcoming Events

Young Boone County	Tuesday 5/7 6:30-8 PM BCPL Scheben
BC Activities Fair	Saturday 5/11 BC Extension Office
Monthly BCA Meeting	Monday 5/20 9-10:30 AM NKY Health Department

## Many Teens, Young Adults, Who Use Juul Devices Don't Know They Contain Nicotine

With the recent Monitoring the Future Study release indicating that nearly one in three 12th graders reported using an e-cigarette device in the past year, it's imperative that parents are informed of the potential dangers that can result from e-cigarette usage.

### **What is Vaping?**

Vaping is the act of inhaling and exhaling the aerosol, often referred to

as vapor, produced by an e-cigarette or similar device. It's become more popular among teens than regular cigarettes, especially given that e-cigarette devices can be used for anything from flavors like mango, mint or tutti frutti, to flavorings containing nicotine or THC, the chemical compound in marijuana that produces the high.

### **What are the Risks?**

There are several risks to vaping for teens. Below are three major ones for parents to be concerned about:

- 1) Vaping is often marketed to kids, downplaying the dangers.
- 2) Vaping chemicals used in the liquids can be more concentrated and dangerous.
- 3) Vaping can make the transition to cigarette smoking easier in adolescence.

